Mangroove Bay Cafe - breakfast & br/lunch

Serving from 7am to 3pm



a good start 100k

choice of fresh from the bakery **or** pancakes fruit plate **or** fruit juice mixed tea **or** classic coffee (plant based milk / extra shot ++)

fresh from the bakery 45k

2 slices of sourdough bread + jam **or** peanut butter **or** egg any style

shimeji scramble 45k

scrambled egg with shimeji mushroom, leek and parsley, served with sourdough bread

muhammara eggplant sandwich 45k

butter toasted sourdough bread with muhammara, eggplant, sauerkraut, pickles, cilantro and pumpkin seeds

shakshuka 50k

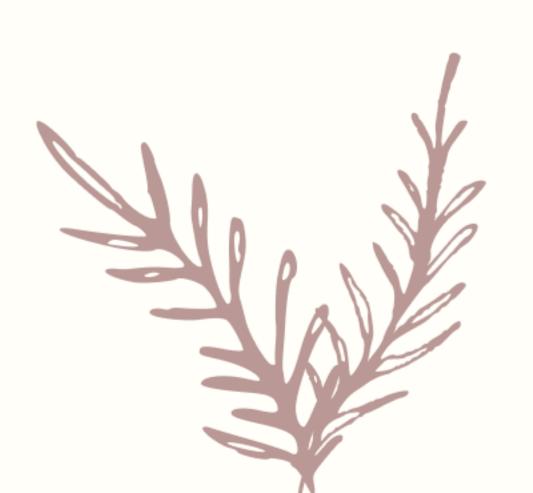
spinach, bell pepper, onion, garlic in tomato sauce with eggs, middle eastern spices, parsley and coriander, served with sourdough bread

mediterranean pita bread 60k

pita bread topped with roasted pumpkin, garlic and dill yogurt, lettuce and balsamic reduction

turkish egg 75k

with choice of pita bread **or** toasted sourdough, herbed yogurt, chili oil, poached egg, mixed cucumber salad



nicoise salad 65k

tuna, potato, boiled egg, lettuce, tomato, olives, green bean and mustard dressing

power bowl 55k // 65k

red rice with eggplant or chicken, broccoli, spinach, lettuce, sauerkraut, cucumber and olive oil dressing

nasi goreng 50k

fried rice with vegetable, egg, sambal matah and krupuk

add tempeh +8k | add chicken sate +20k

chicken sate sandwich 75k

ciabatta bread with chicken sate, cucumber, tauge and peanut sauce

reuben 75k

sourdough bread with pastrami, sauerkraut, pickle and russian dressing

ham and cheese toasti 75k

locavore ham, swiss cheese, cheddar cheese, sourdough bread served with pickles and choice of chili mayo **or** tartare sauce **or** ketchup

breakfast burger 75k

burger bun, bacon, cheddar cheese, fried egg, spicy mayo, chives

chicken katsu burger 85k

breaded chicken burger with cheese, asian coleslaw and chili mayo

big breakfast 100k

2 boiled eggs, 2 slice toasted sourdough, emmental cheese, locavore ham, pickles, house jam, mixed salad

krupuk // peanuts // popcorn 10k
ham // bacon 20k
fries & mayo 30k

Sweet



fruit platter 35k

mixed seasonal fruits

pancakes 50k

fluffy pancakes with coconut flakes, chocolate, caramelized apple and honey

smoothie bowl 65k

banana, dragon fruit, pineapple, coconut milk, butterfly pea & lemon smoothie with granola, seasonal fruit & mint

oat porridge 60k

with caramelized apple, figs, cashew nuts and honey

yogurt & fruit bowl 75k

plain yogurt with seasonal fruits from the garden, figs and homemade toasted granola

sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

cookies 2pcs 15k

chocolate chip or coconut or chocolate

brownie 40k

peanut butter chocolate bar 35k

banana bread 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

homemade ice cream

1 scoop 20k // 2 scoops 30k



Mangroove Bay Cafe - Dinner

Serving from 2pm to 9pm

Appetizers

chicken coconut soup 50k

with chicken, banana blossom, coconut milk and Balinese spices

thai beef salad 75k

with rice noodle, bell pepper, basil, coriander, cucumber and lemongrass

terong bakar 50k

braised eggplant topped with broccoli, zucchini and tauge in a coconut curry sauce

mahi mahi ceviche 75k

with coriander, cucumber, coconut milk, shallot, lime, kefir lime oil

mezze platter 65k

pitabread, muhammara dip, grilled eggplant, grilled pumpkin and turkish shepherd salad

homemade pitabread 50k / 60k

with hummus or muhammara

fish and chips 75k

with tartare sauce **or** ketchup

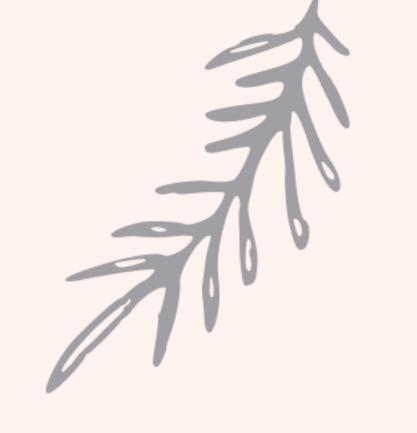
chicken sate 50k

with peanut sauce

chicken & vegetable spring rolls 50k

with sweet and sour sauce





Mains

nicoise salad 65k

tuna, potato, boiled egg, lettuce, tomato, olives and green bean with mustard dressing

indonesian vegetable curry 60k

corn, mushroom, chayote, eggplant, carrot, spinach and coconut milk served with white **or** red rice

thai curry 60k // 80k

red **or** white rice with coconut curry, mixed vegetable and choice of tempeh **or** fish of the day

moroccan bowl 65k

pumpkin, bell pepper, tomato, shimeji mushroom, broccoli, moroccan spices, red rice

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk add tempeh +8k | add chicken sate +20k

pasta carbonara 100k

with bacon, cream, shimeji mushroom, parmesan, olive oil, egg, basil, parsley, black pepper

pasta tuna 100k

with parmesan, dill, lemon, olive oil, garlic sundried tomato, green peas

spinach & ricotta ravioli 100k

homemade ravioli with spinach and ricotta filling, served with tomato sauce & parmesan

mushroom and ricotta ravioli 100k

homemade ricotta ravioli with creamy mushroom sauce, thyme and parmesan cheese

fish burger 85k

burger bun, breaded fish, tartare sauce, lettuce, dill, capers, pickles

chicken katsu burger 85k

burger bun with breaded chicken, cheese, asian coleslaw and chili mayo



grilled marinated chicken skewer, turkish shepherd's salad, pita bread and fresh yogurt sauce

grilled tuna steak 120k

with cream sauce, choice of roasted potato or french fries and grilled veggies

beef steak 120k

with creamy mushroom gravy sauce, choice of roasted potato or french fries, sautéed green beans

Dessert

homemade ice cream

1 scoop 20k // 2 scoops 30k (ask for weekly flavours)

brownie 40k

banana bread 35k

peanut butter chocolate bar 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

sourdough bread pudding 2 styles 45k

- · with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

krupuk // peanuts // popcorn 10k
fries & mayo 30k

Mangroove Bay Cafe drinks

20k bali coffee

30k espresso // long black

35k flat white // cappuccino // latte

40k matcha latte // mocha latte // caramel latte

coffee & tea - hot or iced - coconut +5k, oat +10k, extra shot +5k

25k make your own tea - pick up to 3

black tea | loose leaf green tea | chamomile | ginger | mint lemongrass | lime | honey | butterfly pea | rosella | cinnamon orange

homemade smoothies, tonics & juices

55k purple passion

berries, dragonfruit, passion fruit, coconut water and lime

55k **green matcha** pineapple, banana, ceremonial matcha, oatmilk and honey

55k **choco loco**choco chip cookies, peanut butter, banana, ceremonial cacao, cacao powder and oat milk

50k **glowing papaya** papaya, banana, orange, turmeric and virgin coconut oil

50k morning ritual (hot)
ceremonial raw cacao, cinnamon, coconut milk, maca, dates,
cayenne pepper, himalayan salt and cardamon

35k **jamu glass** turmeric, ginger, black pepper, lime, tamarind and honey

60k jamu bottle 330ml

15k **ginger shot**

35k **ginger beer** strong and refreshing probiotic ginger beer

35k **pomelo tonic** pomelo tonic syrup with sparkling water

45k **passion soda**house made passion fruit and pink pomelo syrup, sparkling water

35k kombucha

35k **fresh** coconut

seasonal fruit

45k **morning sun** orange, carrot, ginger and lime

45k **summer blush** watermelon, beetroot, apple, mint and lime

45k **green garden** kale, celery, pineapple, coriander, ginger and lime

35k **fruit juice**orange | watermelon | pineapple | lime | papaya | mixed fruit |



coffee

tea

smoothies

juices

all prices are subject to 10% tax and 7% service charge

Mangroove Bay Cafe alcoholic drinks

beer & wine

45k **bintang**

55k beaches brewery cerveza

65k beaches brewery pale ale

80k red - cabernet sauvignon

80k white - sauvignon blanc

check the blackboard for wines by the bottle

cocktails

100k mojito

white rum, lime, mint, simple syrup and soda water

100k **gin tonic**

gin and homemade pomelo tonic

100k basil bash

gin, simple syrup, lime juice and basil

100k moscow mule / passion fruit mule

vodka, ginger beer and lime

100k daiquiri passion fruit / strawberry

white rum, simple syrup, lime juice and passion fruit **or** strawberry

100k pina kelapa

white rum, coconut cream, pineapple juice & jelly, strawberry syrup and lime juice

100k tropical spice

gold rum, pineapple syrup, lime juice, egg white and angostura bitters

100k seasonal margarita (normal / frozen)

tequila, triple sec, lime juice, simple syrup, and choice mango puree / passion fruit puree / mixed berry

120k whiskey sour

bourbon, lime juice, simple syrup, eggwhite and angostura bitters

120k **pink up**

tequila, campari, triple sec, house made passion fruit and pink pomelo syrup, lime juice, egg white

120k gold ruby

gold rum infusion from dried apple, rosella, brown sugar, ice

120k espresso martini

vodka, coffee liquor, espresso

120k **negroni**

gin, campari & vermouth rosso

or see the blackboard for other classic cocktails



all prices are subject to 10% tax and 7% service charge