

# Mangroove Bay Cafe - breakfast & br/lunch

Serving from 7am to 3pm

## Savoury

### a good start 100k

choice of fresh from the bakery **or** pancakes  
fruit plate **or** fruit juice  
mixed tea **or** classic coffee (plant based milk / extra shot ++)

### fresh from the bakery 45k

2 slices of sourdough bread + jam **or** peanut butter **or** egg any style

### shimeji scramble 45k

scrambled egg with shimeji mushroom, leek and parsley, served with sourdough bread

### muhammara eggplant sandwich 45k

butter toasted sourdough bread with muhammara, eggplant, sauerkraut, pickles, cilantro and pumpkin seeds

### shakshuka 50k

spinach, bell pepper, onion, garlic in tomato sauce with eggs, middle eastern spices, parsley and coriander, served with sourdough bread

### mediterranean pita bread 60k

pita bread topped with roasted pumpkin, garlic and dill yogurt, lettuce and balsamic reduction

### turkish egg 75k

with choice of pita bread **or** toasted sourdough, herbed yogurt, chili oil, poached egg, mixed cucumber salad

### nicoise salad 65k

tuna, potato, boiled egg, lettuce, tomato, olives, green bean and mustard dressing

### power bowl 55k // 65k

red rice with eggplant or chicken, broccoli, spinach, lettuce, sauerkraut, cucumber and olive oil dressing

### nasi goreng 50k

fried rice with vegetable, egg, sambal matah and krupuk

**add tempeh** +8k | **add chicken sate** +20k

### chicken sate sandwich 75k

ciabatta bread with chicken sate, cucumber, tauge and peanut sauce

### reuben 75k

sourdough bread with pastrami, sauerkraut, pickle and russian dressing

### ham and cheese toasti 75k

locavore ham, swiss cheese, cheddar cheese, sourdough bread served with pickles and choice of chili mayo **or** tartare sauce **or** ketchup

### breakfast burger 75k

burger bun, bacon, cheddar cheese, fried egg, spicy mayo, chives

### chicken katsu burger 85k

breaded chicken burger with cheese, asian coleslaw and chili mayo

### big breakfast 100k

2 boiled eggs, 2 slice toasted sourdough, emmental cheese, locavore ham, pickles, house jam, mixed salad

krupuk // peanuts // popcorn 10k

ham // bacon 20k

fries & mayo 30k

all prices are subject to 10% tax and 7% service charge

## Sweet

### fruit platter 35k

mixed seasonal fruits

### pancakes 50k

fluffy pancakes with coconut flakes, chocolate, caramelized apple and honey

### smoothie bowl 65k

banana, dragon fruit, pineapple, coconut milk, butterfly pea & lemon smoothie with granola, seasonal fruit & mint

### oat porridge 60k

with caramelized apple, figs, cashew nuts and honey

### yogurt & fruit bowl 75k

plain yogurt with seasonal fruits from the garden, figs and homemade toasted granola

### sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

cookies 2pcs 15k

chocolate chip **or** coconut **or** chocolate

brownie 40k

peanut butter chocolate bar 35k

banana bread 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

homemade ice cream

1 scoop 20k // 2 scoops 30k



# Mangroove Bay Cafe - Dinner

Serving from 2pm to 9pm

## Appetizers

chicken coconut soup 50k

with chicken, banana blossom, coconut milk and Balinese spices

thai beef salad 75k

with rice noodle, bell pepper, basil, coriander, cucumber and lemongrass

terong bakar 50k

braised eggplant topped with broccoli, zucchini and taugé in a coconut curry sauce

mahi mahi ceviche 75k

with coriander, cucumber, coconut milk, shallot, lime, kefir lime oil

mezze platter 65k

pitabread, muhammara dip, grilled eggplant, grilled pumpkin and turkish shepherd salad

homemade pitabread 50k // 60k

with hummus or muhammara

fish and chips 75k

with tartare sauce **or** ketchup

chicken sate 50k

with peanut sauce

chicken & vegetable spring rolls 50k

with sweet and sour sauce

## Mains

nicoise salad 65k

tuna, potato, boiled egg, lettuce, tomato, olives and green bean with mustard dressing

indonesian vegetable curry 60k

corn, mushroom, chayote, eggplant, carrot, spinach and coconut milk served with white **or** red rice

thai curry 60k // 80k

red **or** white rice with coconut curry, mixed vegetable and choice of tempeh **or** fish of the day

moroccan bowl 65k

pumpkin, bell pepper, tomato, shimeji mushroom, broccoli, moroccan spices, red rice

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk  
add tempeh +8k | add chicken sate +20k

pasta carbonara 100k

with bacon, cream, shimeji mushroom, parmesan, olive oil, egg, basil, parsley, black pepper

pasta tuna 100k

with parmesan, dill, lemon, olive oil, garlic sundried tomato, green peas

spinach & ricotta ravioli 100k

homemade ravioli with spinach and ricotta filling, served with tomato sauce & parmesan

mushroom and ricotta ravioli 100k

homemade ricotta ravioli with creamy mushroom sauce, thyme and parmesan cheese

fish burger 85k

burger bun, breaded fish, tartare sauce, lettuce, dill, capers, pickles

chicken katsu burger 85k

burger bun with breaded chicken, cheese, asian coleslaw and chili mayo

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mezze chicken skewer 90k

grilled marinated chicken skewer, turkish shepherd's salad, pita bread and fresh yogurt sauce

grilled tuna steak 120k

with cream sauce, choice of roasted potato or french fries and grilled veggies

beef steak 120k

with creamy mushroom gravy sauce, choice of roasted potato or french fries, sautéed green beans

## Dessert

homemade ice cream

1 scoop 20k // 2 scoops 30k

(ask for weekly flavours)

brownie 40k

banana bread 35k

peanut butter chocolate bar 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

add-ons

krupuk // peanuts // popcorn 10k

fries & mayo 30k



# Mangroove Bay Cafe - drinks



all prices are subject to 10% tax  
and 7% service charge

*coffee & tea* - hot or iced - coconut +5k, oat +10k, extra shot +5k

coffee

- 20k bali coffee
- 30k espresso // long black
- 35k flat white // cappuccino // latte
- 40k matcha latte // mocha latte // caramel latte

tea

- 25k make your own tea - pick up to 3  
black tea | loose leaf green tea | chamomile | ginger | mint  
lemongrass | lime | honey | butterfly pea | rosella | cinnamon  
orange

## *homemade smoothies, tonics & juices*

smoothies

- 55k purple passion  
berries, dragonfruit, passion fruit, coconut water and lime
- 55k green matcha  
pineapple, banana, ceremonial matcha, oatmilk and honey
- 55k choco loco  
choco chip cookies, peanut butter, banana, ceremonial cacao,  
cacao powder and oat milk
- 50k glowing papaya  
papaya, banana, orange, turmeric and virgin coconut oil

tonics

- 50k morning ritual (hot)  
ceremonial raw cacao, cinnamon, coconut milk, maca, dates,  
cayenne pepper, himalayan salt and cardamon
- 35k jamu glass  
turmeric, ginger, black pepper, lime, tamarind and honey
- 60k jamu bottle 330ml
- 15k ginger shot
- 35k ginger beer  
strong and refreshing probiotic ginger beer
- 35k pomelo tonic  
pomelo tonic syrup with sparkling water
- 45k passion soda  
house made passion fruit and pink pomelo syrup, sparkling water
- 35k kombucha
- 35k fresh coconut

juices

- 45k morning sun  
orange, carrot, ginger and lime
- 45k summer blush  
watermelon, beetroot, apple, mint and lime
- 45k green garden  
kale, celery, pineapple, coriander, ginger and lime
- 35k fruit juice  
orange | watermelon | pineapple | lime | papaya | mixed fruit |  
seasonal fruit



# Mangroove Bay Cafe - alcoholic drinks

beer

## *beer & wine*

45k bintang

55k beaches brewery cerveza

65k beaches brewery pale ale

wine

80k red - cabernet sauvignon

80k white - sauvignon blanc

check the blackboard for wines by the bottle

## *cocktails*

100k mojito

white rum, lime, mint, simple syrup and soda water

100k gin tonic

gin and homemade pomelo tonic

100k basil bash

gin, simple syrup, lime juice and basil

100k moscow mule / passion fruit mule

vodka, ginger beer and lime

100k daiquiri passion fruit / strawberry

white rum, simple syrup, lime juice and passion fruit **or** strawberry

100k pina kelapa

white rum, coconut cream, pineapple juice & jelly, strawberry syrup and lime juice

100k tropical spice

gold rum, pineapple syrup, lime juice, egg white and angostura bitters

100k seasonal margarita (normal / frozen)

tequila, triple sec, lime juice, simple syrup, and choice mango puree / passion fruit puree / mixed berry

120k whiskey sour

bourbon, lime juice, simple syrup, eggwhite and angostura bitters

120k pink up

tequila, campari, triple sec, house made passion fruit and pink pomelo syrup, lime juice, egg white

120k gold ruby

gold rum infusion from dried apple, rosella, brown sugar, ice

120k espresso martini

vodka, coffee liquor, espresso

120k negroni

gin, campari & vermouth rosso

or see the blackboard for other classic cocktails



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