Mangroove Bay Cafe - breakfast & br/lunch

Serving from 7am to 3pm

all prices are subject to 10% tax and 7% service charge

Create your perfect breakfast

choose your base: 30k

2 pcs sourdough bread + butter / spiced roasted potato / sweet potato rosti / sweet potato fries / pita bread

pick your sides:

+10k jam **or** peanut butter / yogurt dill sauce / sauerkraut / pickles / rice

+15k 2 eggs any style / spinach / grilled veggies / shimeji mushroom / steamed broccoli / mixed salad / hummus

+25k cheese / ham / bacon / grilled chicken / chicken satay / falafel / muhammara

+40k 90gr beef steak / tuna steak

Savoury

muhammara eggplant sandwich 50k

butter toasted sourdough bread with muhammara, eggplant, sauerkraut, pickles, cilantro and pumpkin seeds

shakshuka 70k

spinach, bell pepper, onion, garlic in tomato sauce with eggs, middle eastern spices, parsley and coriander, served with sourdough bread

turkish egg 75k

with choice of pita bread **or** toasted sourdough, herbed yogurt, chili oil, poached egg, mixed cucumber salad

mangroove rosti 75k

Sweet potato hash brown, spinach, sun-dried tomato, omelette, garlic yogurt, greens

add 90gr beef steak +40k

nicoise salad 75k

tuna, potato, boiled egg, lettuce, tomato, olives, green bean and mustard dressing

tabbouleh salad 75k

pearl barley, mint, parsley, cucumber, cherry tomato, romaine, fried peanut, smoked bell pepper, lemon juice, pepper, salt, olive oil.

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | **chicken sate** +25k

ham and cheese toasti 90k

locavore ham, swiss cheese, cheddar cheese, sourdough bread served with pickles and choice of chili mayo **or** tartare sauce **or** ketchup

breakfast burger 80k

burger bun, bacon, cheddar cheese, fried egg, spicy mayo, chives

chicken katsu burger 90k

breaded chicken burger with cheese, asian coleslaw and chili mayo

sweets

cookies 2pcs 15k

chocolate chip **or** coconut **or** chocolate

brownie 45k

peanut butter chocolate bar 35k

banana bread 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

homemade ice cream

1 scoop 20k // 2 scoops 30k

Sweet

fruit platter 35k

mixed seasonal fruits

pancakes 60k

fluffy pancakes with coconut flakes, chocolate, caramelized apple and honey

power oat pancakes 70k

oat flour, yogurt, eggs, cinnamon, banana
toppings: banana, honey, jam and homemade toasted granola

tropical smoothie bowl 70k

banana, dragon fruit, pineapple, coconut milk, butterfly pea & lemon smoothie with granola, seasonal fruit & mint

mango smoothie bowl 70k

mango, banana, coconut milk topping with mix fruit and coconut flakes

oat porridge 60k

with caramelized apple, figs, cashew nuts and honey

yogurt & fruit bowl 75k

plain yogurt with seasonal fruits from the garden, figs and homemade toasted granola

sourdough bread pudding 2 styles 45k

with fruits and caramel coffee sauce

with 1 scoop of homemade ice cream

chia pudding with jam 55k

and choice of topping:

mixed fruit, roasted cashews, coconut flakes

granola, honey & figs

Mangroove Bay Cafe - Dinner

Serving from 2pm to 9pm

all prices are subject to 10% tax and 7% service charge

Appetizers

beef cinnamon soup 55k

beef slices, flavorful balinese broth, cinnamon, glass noodle and mixed vegetable

mahi mahi ceviche 75k

with coriander, cucumber, coconut milk, shallot, lime, kefir lime oil

homemade pitabread 50k // 60k

with hummus **or** muhammara

labneh mezze 80k

homemade yogurt with honey, pita bread, falafel, olives, cucumber, cherry tomato, mint and dill

fish and chips 75k

with tartare sauce **or** ketchup

chicken sate 50k

with peanut sauce

chicken & vegetable spring rolls 50k

with sweet and sour sauce

sweet potato fries / french fries 35k

served with: ketchup / yogurt garlic sauce / mayo

Mains

nicoise salad 75k

tuna, potato, boiled egg, lettuce, tomato, olives and green bean with mustard dressing

chili con carne 110k

minced beef, kidney beans, spices, tomato sauce, corn, carrot, onion, celery, chili.
served with white rice, greek yogurt and coriander

tacos 100k

3pcs taco, choice of filling:
chili con carne, sambal matah, coriander
or fried breaded fish, dill, coleslaw, mayo, chili oil, coriander

thai curry 60k // 80k

red **or** white rice with coconut curry, mixed vegetable and choice of tempeh **or** fish of the day

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | **chicken sate** +25k

nasi campur 65k

white rice, fried tempe, urap urap, cucumber, krupuk, sambal matah, peanut sauce

add: beef +40k | **tuna** +40k | **grilled chicken** +25k

pasta carbonara 100k

with bacon, cream, shimeji mushroom, parmesan, olive oil, egg, basil, parsley, black pepper

chicken parmigiana pasta 110k

breaded chicken with tomato pasta, basil and cheese

spinach & ricotta ravioli 100k

homemade ravioli with spinach and ricotta filling, served with tomato sauce & parmesan

mushroom and ricotta ravioli 100k

homemade ricotta ravioli with creamy mushroom sauce, thyme and parmesan cheese

chicken katsu burger 90k

burger bun with breaded chicken, cheese, asian coleslaw and chili mayo

ayam betutu 95k

chicken slow cooked in indonesian spices with urap urap, rice, sambal matah and fried peanut

mezze tabbouleh bowl 95k

tabbouleh salad, falafel, hummus, pita bread, olives

mezze chicken skewer 105k

grilled marinated chicken skewers, tabbouleh salad, pita bread, garlic yogurt

grilled tuna steak 125k

with cream sauce, choice of roasted potato **or** french fries and grilled veggies

beef steak 130k

120g beef steak with creamy mushroom gravy sauce, choice of roasted potato **or** french fries, sautéed green beans

Dessert

homemade ice cream

1 scoop 20k // 2 scoops 30k

(ask for weekly flavours)

brownie 45k

banana bread 35k

peanut butter chocolate bar 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

Mangroove Bay Cafe - drinks

coffee & tea - hot or iced - coconut +5k, oat +10k, extra shot +5k

coffee

20k **bali coffee**

30k **espresso // long black**

35k **flat white // cappuccino // latte**

40k **matcha latte // mocha latte // caramel latte**

tea

25k **make your own tea - pick up to 3**
black tea | loose leaf green tea | chamomile | ginger | mint
lemongrass | lime | honey | butterfly pea | rosella | cinnamon orange

20k **house iced tea: glass** 20k **// bottle** 50k

homemade smoothies, tonics & juices

smoothies

55k **purple passion**
berries, dragonfruit, passion fruit, coconut water and lime

55k **green matcha**
pineapple, banana, ceremonial matcha, oatmilk and honey

55k **choco loco**
choco chip cookies, peanut butter, banana, ceremonial cacao,
cacao powder, oat milk, and whipped cream

55k **mango tango**
mango, strawberry, banana, chia pudding, lime,
coconut water, granola topping

55k **sacred power**
banana, ceremonial cacao, maca, peanut butter, honey

tonics

50k **morning ritual (hot)**
ceremonial raw cacao, cinnamon, coconut milk, maca, dates,
cayenne pepper, himalayan salt and cardamon

35k **jamu: glass** 35k **// bottle** 60k
turmeric, ginger, black pepper, lime, tamarind and honey

20k **ginger & lime shot with orange slice**

20k **golden shield shot**
cinnamon, orange, turmeric, honey

35k **kombucha**

35k **ginger beer**
strong and refreshing probiotic ginger beer

35k **pomelo tonic**
pomelo tonic syrup with sparkling water

45k **passion soda**
house made passion fruit and pink pomelo syrup, sparkling water

juices

45k **morning sun**
orange, carrot, ginger and lime

45k **mama bali**
pineapple, mango, orange, ginger, lime

45k **green garden**
kale, celery, pineapple, coriander, ginger and lime

35k **fruit juice**
orange | watermelon | pineapple | lime | papaya | mixed fruit | seasonal

35k **fresh coconut**

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Mangroove Bay Cafe - alcoholic drinks

beer & wine

beer

45k bintang

55k beaches brewery cerveza

65k beaches brewery pale ale

wine

80k red - cabernet sauvignon

80k white - sauvignon blanc

check the blackboard for wines by the bottle

cocktails

100k **mojito**
white rum, lime, mint, simple syrup and soda water

100k **passion fruit mojito**
white rum, mint, lime, passion fruit puree, soda water

100k **gin tonic**
gin and homemade pomelo tonic

100k **basil bash**
gin, simple syrup, lime juice and basil

100k **moscow mule**
vodka, ginger beer and lime

100k **daiquiri passion fruit / strawberry**
white rum, simple syrup, lime juice and passion fruit **or** strawberry

120k **pina kelapa**
white rum, coconut cream, pineapple juice & jelly, strawberry syrup and lime juice

120k **pomelo negroni**
tequila infused with pomelo, limo aperitivo, vermouth rosso

120k **tropical spice**
gold rum, pineapple syrup, lime juice, egg white and angostura bitters

120k **margarita**
tequila infused with pomelo, triple sec, lime juice

120k **frozen margarita mango / passion**
tequila, triple sec, lime juice, with choice of mango **or** passion fruit puree

120k **whiskey sour**
bourbon, lime juice, simple syrup, eggwhite and angostura bitters

120k **pink up**
tequila, campari, triple sec, house made passion fruit and pink pomelo syrup, lime juice, egg white

120k **espresso martini**
vodka, coffee liquor, espresso

120k **negroni**
gin, campari & vermouth rosso

or see the blackboard for other classic cocktails

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