#### all prices are subject to 10% tax and 7% service charge

# Mangroove Bay Cafe - breakfast & br/lunch

Serving from 7am to 3pm

# Create your perfect breakfast

## choose your base: 30k

2 pcs sourdough bread + butter / spiced roasted potato / mashed sweet potato / sweet potato fries / pita bread

# pick your sides:

**+10k** jam or peanut butter / yogurt dill sauce / sauerkraut / pickles / rice

2 eggs any style / scrambled tofu / spinach / grilled pumpkin & +15k eggplant / shimeji mushroom / steamed broccoli / shepherd salad / hummus

+25K cheese / ham / bacon / grilled chicken / chicken satay / falafel / muhammara

+40K 90gr beef steak / tuna steak

# Savoury

# muhammara eggplant sandwich 50k

butter toasted sourdough bread with muhammara, eggplant, sauerkraut, pickles, cilantro and pumpkin seeds

#### shakshuka 60k

spinach, bell pepper, onion, garlic in tomato sauce with eggs, middle eastern spices, parsley and coriander, served with sourdough bread

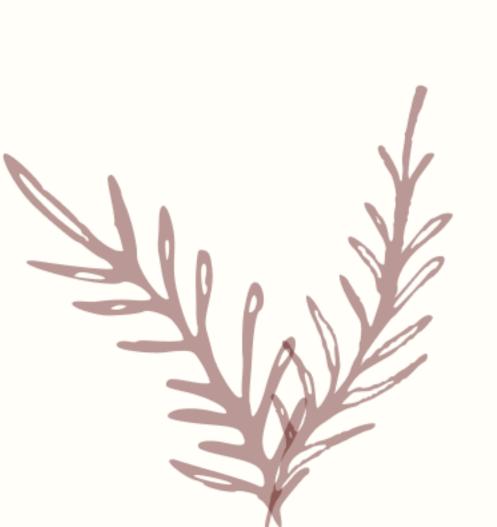
# turkish egg 70k

with choice of pita bread **or** toasted sourdough, herbed yogurt, chili oil, poached egg, mixed cucumber salad

# mangroove rosti 70k

Sweet potato hash brown, spinach, sun-dried tomato, omelette, garlic yogurt, greens

add 90gr beef steak +40k



#### nicoise salad 70k

tuna, potato, boiled egg, lettuce, tomato, olives, green bean and mustard dressing

### nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | chicken sate +25k

#### chicken sate sandwich 75k

ciabatta bread with chicken sate, cucumber, tauge and peanut sauce

#### reuben 80k

sourdough bread with pastrami, sauerkraut, pickle and russian dressing

#### ham and cheese toasti 80k

locavore ham, swiss cheese, cheddar cheese, sourdough bread served with pickles and choice of chili mayo **or** tartare sauce **or** ketchup

## breakfast burger 75k

burger bun, bacon, cheddar cheese, fried egg, spicy mayo, chives

# chicken katsu burger 85k

breaded chicken burger with cheese, asian coleslaw and chili mayo

cookies 2pcs 15k

chocolate chip or coconut or chocolate

brownie 45k

peanut butter chocolate bar 35k

**banana bread** 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

homemade ice cream

1 scoop 20k // 2 scoops 30k



# Sweet



# fruit platter 35k

mixed seasonal fruits

#### pancakes 60k

fluffy pancakes with coconut flakes, chocolate, caramelized apple and honey

#### power oat pancakes 70k

oat flour, yogurt, eggs, cinnamon, banana toppings: banana, peanut butter, jam and homemade toasted granola

### tropical smoothie bowl 70k

banana, dragon fruit, pineapple, coconut milk, butterfly pea & lemon smoothie with granola, seasonal fruit & mint

## mango smoothie bowl 70k

mango, banana, coconut milk topping with mix fruit and coconut flakes

# oat porridge 60k

with caramelized apple, figs, cashew nuts and honey

# yogurt & fruit bowl 75k

plain yogurt with seasonal fruits from the garden, figs and homemade toasted granola

# sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

# chia pudding with jam 55k

and choice of topping:

- · mixed fruit, roasted cashews, coconut flakes
- · granola, honey & figs

# Mangroove Bay Cafe - Dinner

Serving from 2pm to 9pm

# Appetizers

## chicken coconut soup 50k

with chicken, banana blossom, coconut milk and Balinese spices

#### mahi mahi ceviche 75k

with coriander, cucumber, coconut milk, shallot, lime, kefir lime oil

## homemade pitabread 50k//60k

with hummus or muhammara

# fish and chips 75k

with tartare sauce **or** ketchup

#### chicken sate 50k

with peanut sauce

# chicken & vegetable spring rolls 50k

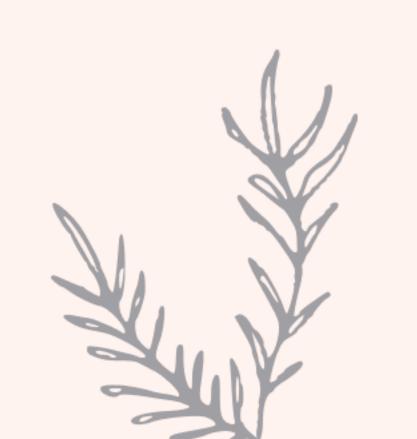
with sweet and sour sauce

# sweet potato fries / french fries 35k

served with: ketchup / yogurt garlic sauce / mayo

# falafel & pita bread 65k

served with: olives & garlic yogurt



# Mains

#### nicoise salad 70k

tuna, potato, boiled egg, lettuce, tomato, olives and green bean with mustard dressing

#### indonesian vegetable curry 60k

corn, mushroom, chayote, eggplant, carrot, spinach and coconut milk served with white **or** red rice

## thai curry 60k // 80k

red **or** white rice with coconut curry, mixed vegetable and choice of tempeh **or** fish of the day

## nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | chicken sate +25k

#### nasi campur 65k

white rice, fried tempe, urap urap, cucumber, krupuk, sambal matah, peanut sauce

add: beef +40k | tuna +40k | grilled chicken +25k

#### pasta carbonara 100k

with bacon, cream, shimeji mushroom, parmesan, olive oil, egg, basil, parsley, black pepper

#### pasta tuna 100k

with parmesan, dill, lemon, olive oil, garlic sundried tomato, green peas

# spinach & ricotta ravioli 100k

homemade ravioli with spinach and ricotta filling, served with tomato sauce & parmesan

#### mushroom and ricotta ravioli 100k

homemade ricotta ravioli with creamy mushroom sauce, thyme and parmesan cheese

# fish burger 85k

burger bun, breaded fish, tartare sauce, lettuce, dill, capers, pickles

# chicken katsu burger 85k

burger bun with breaded chicken, cheese, asian coleslaw and chili mayo



# ayam betutu 95k

chicken slow cooked in indonesian spices with urap urap, rice, sambal matah and fried peanut

#### mezze quinoa bowl 90k

mixed fresh quinoa salad, falafel, hummus, pita, grilled pumpkin, grilled eggplant

add: 1pcs chicken skewer +25k

#### mezze chicken skewer 95k

grilled marinated chicken skewer, turkish shepherd's salad, pita bread and fresh yogurt sauce

#### grilled tuna steak 125k

with cream sauce, choice of roasted potato or french fries and grilled veggies

#### beef steak 130k

120g beef steak with creamy mushroom gravy sauce, choice of roasted potato or french fries, sautéed green beans

# Dessert

#### homemade ice cream

1 scoop 20k // 2 scoops 30k (ask for weekly flavours)

brownie 45k

**banana bread** 35k

peanut butter chocolate bar 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

# sourdough bread pudding 2 styles 45k

- · with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

# Mangroove Bay Cafe drinks

coffee

coffee & tea - hot or iced - coconut +5k, oat +10k, extra shot +5k

20k bali coffee

30k espresso // long black

35k flat white // cappuccino // latte

40k matcha latte // mocha latte // caramel latte

lemongrass | lime | honey | butterfly pea | rosella | cinnamon orange

25k make your own tea - pick up to 3 black tea | loose leaf green tea | chamomile | ginger | mint

20k house iced tea: glass 20k // bottle 50k

# homemade smoothies, tonics & juices

55k purple passion

berries, dragonfruit, passion fruit, coconut water and lime

55k **green matcha** pineapple, banana, ceremonial matcha, oatmilk and honey

55k **choco loco**choco chip cookies, peanut butter, banana, ceremonial cacao, cacao powder, oat milk, and whipped cream

55k **mango tango** mango, strawberry, banana, chia pudding, lime, coconut water, granola topping

55k **sacred power** banana, ceremonial cacao, maca, peanut butter, honey

50k morning ritual (hot)
ceremonial raw cacao, cinnamon, coconut milk, maca, dates,
cayenne pepper, himalayan salt and cardamon

35k **jamu: glass** 35k // **bottle** 60k turmeric, ginger, black pepper, lime, tamarind and honey

20k ginger & lime shot with orange slice

20k **golden shield shot** cinnamon, orange, turmeric, honey

35k kombucha

35k **ginger beer** strong and refreshing probiotic ginger beer

35k **pomelo tonic** pomelo tonic syrup with sparkling water

45k **passion soda**house made passion fruit and pink pomelo syrup, sparkling water

45k **morning sun** orange, carrot, ginger and lime

45k **mama bali** pineapple, mango, orange, ginger, lime

45k **green garden** kale, celery, pineapple, coriander, ginger and lime

35k **fruit juice**orange | watermelon | pineapple | lime | papaya | mixed fruit | seasonal

35k **fresh coconut** 

tonics

smoothies

juices

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# Mangroove Bay Cafe alcoholic drinks

#### beer & wine

45k **bintang** 

55k beaches brewery cerveza

65k beaches brewery pale ale

80k red - cabernet sauvignon

80k white - sauvignon blanc

check the blackboard for wines by the bottle



100k mojito

white rum, lime, mint, simple syrup and soda water

100k passion fruit mojito

white rum, mint, lime, passion fruit puree, soda water

100k gin tonic

gin and homemade pomelo tonic

100k basil bash

gin, simple syrup, lime juice and basil

100k moscow mule

vodka, ginger beer and lime

100k daiquiri passion fruit / strawberry

white rum, simple syrup, lime juice and passion fruit **or** strawberry

120k **pina kelapa** 

white rum, coconut cream, pineapple juice & jelly, strawberry syrup and lime juice

120k pomelo negroni

tequila infused with pomelo, limo aperitivo, vermouth rosso

120k tropical spice

gold rum, pineapple syrup, lime juice, egg white and angostura bitters

120k margarita

tequila infused with pomelo, triple sec, lime juice

120k frozen margarita mango / passion

tequila, triple sec, lime juice, with choice of mango or passion fruit puree

120k whiskey sour

bourbon, lime juice, simple syrup, eggwhite and angostura bitters

120k pink up

tequila, campari, triple sec, house made passion fruit and pink pomelo syrup, lime juice, egg white

120k espresso martini

vodka, coffee liquor, espresso

120k **negroni** 

gin, campari & vermouth rosso

or see the blackboard for other classic cocktails



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