

Mangroove Bay Cafe - breakfast & br/lunch

Serving from 7am to 3pm

Create your perfect breakfast

choose your base: 30k

2 pcs sourdough bread + butter / spiced roasted potato / mashed sweet potato / sweet potato fries / pita bread

pick your sides:

- +10k** jam or peanut butter / yogurt dill sauce / sauerkraut / pickles / rice
- +15k** 2 eggs any style / scrambled tofu / spinach / grilled pumpkin & eggplant / shimeji mushroom / steamed broccoli / shepherd salad / hummus
- +25K** cheese / ham / bacon / grilled chicken / chicken satay / falafel / muhammara
- +40K** 90gr beef steak / tuna steak

Savoury

muhammara eggplant sandwich 50k

butter toasted sourdough bread with muhammara, eggplant, sauerkraut, pickles, cilantro and pumpkin seeds

shakshuka 60k

spinach, bell pepper, onion, garlic in tomato sauce with eggs, middle eastern spices, parsley and coriander, served with sourdough bread

turkish egg 70k

with choice of pita bread **or** toasted sourdough, herbed yogurt, chili oil, poached egg, mixed cucumber salad

mangroove rosti 70k

Sweet potato hash brown, spinach, sun-dried tomato, omelette, garlic yogurt, greens

add 90gr beef steak +40k

nicoise salad 70k

tuna, potato, boiled egg, lettuce, tomato, olives, green bean and mustard dressing

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | **chicken sate** +25k

chicken sate sandwich 75k

ciabatta bread with chicken sate, cucumber, taugen and peanut sauce

reuben 80k

sourdough bread with pastrami, sauerkraut, pickle and russian dressing

ham and cheese toastie 80k

locavore ham, swiss cheese, cheddar cheese, sourdough bread served with pickles and choice of chili mayo **or** tartare sauce **or** ketchup

breakfast burger 75k

burger bun, bacon, cheddar cheese, fried egg, spicy mayo, chives

chicken katsu burger 85k

breaded chicken burger with cheese, asian coleslaw and chili mayo

sweets

cookies 2pcs 15k

chocolate chip **or** coconut **or** chocolate

brownie 45k

peanut butter chocolate bar 35k

banana bread 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

homemade ice cream

1 scoop 20k // 2 scoops 30k

all prices are subject to 10% tax and 7% service charge

Sweet

fruit platter 35k

mixed seasonal fruits

pancakes 60k

fluffy pancakes with coconut flakes, chocolate, caramelized apple and honey

power oat pancakes 70k

oat flour, yogurt, eggs, cinnamon, banana toppings: banana, peanut butter, jam and homemade toasted granola

tropical smoothie bowl 70k

banana, dragon fruit, pineapple, coconut milk, butterfly pea & lemon smoothie with granola, seasonal fruit & mint

mango smoothie bowl 70k

mango, banana, coconut milk topping with mix fruit and coconut flakes

oat porridge 60k

with caramelized apple, figs, cashew nuts and honey

yogurt & fruit bowl 75k

plain yogurt with seasonal fruits from the garden, figs and homemade toasted granola

sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

chia pudding with jam 55k

and choice of topping:

- mixed fruit, roasted cashews, coconut flakes
- granola, honey & figs

Mangroove Bay Cafe - Dinner

Serving from 2pm to 9pm

Appetizers

chicken coconut soup 50k

with chicken, banana blossom, coconut milk and Balinese spices

mahi mahi ceviche 75k

with coriander, cucumber, coconut milk, shallot, lime, kefir lime oil

homemade pitabread 50k // 60k

with hummus or muhammara

fish and chips 75k

with tartare sauce **or** ketchup

chicken sate 50k

with peanut sauce

chicken & vegetable spring rolls 50k

with sweet and sour sauce

sweet potato fries / french fries 35k

served with: ketchup / yogurt garlic sauce / mayo

falafel & pita bread 65k

served with: olives & garlic yogurt

Mains

nicoise salad 70k

tuna, potato, boiled egg, lettuce, tomato, olives and green bean with mustard dressing

indonesian vegetable curry 60k

corn, mushroom, chayote, eggplant, carrot, spinach and coconut milk served with white **or** red rice

thai curry 60k // 80k

red **or** white rice with coconut curry, mixed vegetable and choice of tempeh **or** fish of the day

nasi goreng 60k

fried rice with vegetable, egg, sambal matah and krupuk

add: tempeh +8k | **chicken sate** +25k

nasi campur 65k

white rice, fried tempe, urap urap, cucumber, krupuk, sambal matah, peanut sauce

add: beef +40k | **tuna** +40k | **grilled chicken** +25k

pasta carbonara 100k

with bacon, cream, shimeji mushroom, parmesan, olive oil, egg, basil, parsley, black pepper

pasta tuna 100k

with parmesan, dill, lemon, olive oil, garlic sundried tomato, green peas

spinach & ricotta ravioli 100k

homemade ravioli with spinach and ricotta filling, served with tomato sauce & parmesan

mushroom and ricotta ravioli 100k

homemade ricotta ravioli with creamy mushroom sauce, thyme and parmesan cheese

fish burger 85k

burger bun, breaded fish, tartare sauce, lettuce, dill, capers, pickles

chicken katsu burger 85k

burger bun with breaded chicken, cheese, asian coleslaw and chili mayo

ayam betutu 95k

chicken slow cooked in indonesian spices with urap urap, rice, sambal matah and fried peanut

mezze quinoa bowl 90k

mixed fresh quinoa salad, falafel, hummus, pita, grilled pumpkin, grilled eggplant

add: 1pcs chicken skewer +25k

mezze chicken skewer 95k

grilled marinated chicken skewer, turkish shepherd's salad, pita bread and fresh yogurt sauce

grilled tuna steak 125k

with cream sauce, choice of roasted potato or french fries and grilled veggies

beef steak 130k

120g beef steak with creamy mushroom gravy sauce, choice of roasted potato or french fries, sautéed green beans

Dessert

homemade ice cream

1 scoop 20k // 2 scoops 30k

(ask for weekly flavours)

brownie 45k

banana bread 35k

peanut butter chocolate bar 35k

energy balls 3pcs 35k

vegan mango cheesecake 40k

sourdough bread pudding 2 styles 45k

- with fruits and caramel coffee sauce
- with 1 scoop of homemade ice cream

Mangroove Bay Cafe - drinks



all prices are subject to 10% tax
and 7% service charge

coffee

coffee & tea - hot or iced - coconut +5k, oat +10k, extra shot +5k

tea

- 20k bali coffee
- 30k espresso // long black
- 35k flat white // cappuccino // latte
- 40k matcha latte // mocha latte // caramel latte
- 25k make your own tea - pick up to 3
black tea | loose leaf green tea | chamomile | ginger | mint
lemongrass | lime | honey | butterfly pea | rosella | cinnamon orange
- 20k house iced tea: glass 20k // bottle 50k

homemade smoothies, tonics & juices

smoothies

- 55k purple passion
berries, dragonfruit, passion fruit, coconut water and lime
- 55k green matcha
pineapple, banana, ceremonial matcha, oatmilk and honey
- 55k choco loco
choco chip cookies, peanut butter, banana, ceremonial cacao, cacao powder, oat milk, and whipped cream
- 55k mango tango
mango, strawberry, banana, chia pudding, lime, coconut water, granola topping
- 55k sacred power
banana, ceremonial cacao, maca, peanut butter, honey

tonics

- 50k morning ritual (hot)
ceremonial raw cacao, cinnamon, coconut milk, maca, dates, cayenne pepper, himalayan salt and cardamon
- 35k jamu: glass 35k // bottle 60k
turmeric, ginger, black pepper, lime, tamarind and honey
- 20k ginger & lime shot with orange slice
- 20k golden shield shot
cinnamon, orange, turmeric, honey
- 35k kombucha
- 35k ginger beer
strong and refreshing probiotic ginger beer
- 35k pomelo tonic
pomelo tonic syrup with sparkling water
- 45k passion soda
house made passion fruit and pink pomelo syrup, sparkling water

juices

- 45k morning sun
orange, carrot, ginger and lime
- 45k mama bali
pineapple, mango, orange, ginger, lime
- 45k green garden
kale, celery, pineapple, coriander, ginger and lime
- 35k fruit juice
orange | watermelon | pineapple | lime | papaya | mixed fruit | seasonal
- 35k fresh coconut

Mangroove Bay Cafe - alcoholic drinks

beer

beer & wine

45k bintang

55k beaches brewery cerveza

65k beaches brewery pale ale

wine

80k red - cabernet sauvignon

80k white - sauvignon blanc

check the blackboard for wines by the bottle

cocktails

100k mojito

white rum, lime, mint, simple syrup and soda water

100k passion fruit mojito

white rum, mint, lime, passion fruit puree, soda water

100k gin tonic

gin and homemade pomelo tonic

100k basil bash

gin, simple syrup, lime juice and basil

100k moscow mule

vodka, ginger beer and lime

100k daiquiri passion fruit / strawberry

white rum, simple syrup, lime juice and passion fruit **or** strawberry

120k pina kelapa

white rum, coconut cream, pineapple juice & jelly, strawberry syrup and lime juice

120k pomelo negroni

tequila infused with pomelo, limo aperitivo, vermouth rosso

120k tropical spice

gold rum, pineapple syrup, lime juice, egg white and angostura bitters

120k margarita

tequila infused with pomelo, triple sec, lime juice

120k frozen margarita mango / passion

tequila, triple sec, lime juice, with choice of mango or passion fruit puree

120k whiskey sour

bourbon, lime juice, simple syrup, eggwhite and angostura bitters

120k pink up

tequila, campari, triple sec, house made passion fruit and pink pomelo syrup, lime juice, egg white

120k espresso martini

vodka, coffee liquor, espresso

120k negroni

gin, campari & vermouth rosso

or see the blackboard for other classic cocktails



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and 7% service charge