

SPA MENU

Pamper yourself with natural treatments, healing therapies and rejuvenate in the blissful back-country of Sumberkima Hill. This is self-love at its finest.

LONG TREATMENTS

RELAXING MASSAGE ⌚ 60m / 90m 230k / 340k

soft pressure balinese massage techniques come together to stimulate circulation, ease tensions & release stress

BALINESE MASSAGE ⌚ 60m / 90m 230k / 340k

medium pressure traditional massage from bali passed down for generations. reduce tension, fatigues, improve lymphatic and muscular system

RE-ENERGIZING MASSAGE ⌚ 60m / 90m 240k / 350k

strong pressure massage to relieve deep rooted muscle tension and mental fatigue. awaken overall sense of emotional and physical wellbeing

HEALING MASSAGE ⌚ 60m / 90m 290k / 430k

sri and serti are local healers that can sense what is happening in your body and treat you using balinese massage with acupresure techniques and strong pressure

FOOT REFLEXOLOGY ⌚ 60m 240k

a relaxing and cleansing herbal feet bath followed by a reflexology where special pressure techniques are applied that correspond with different body organs and systems

MANICURE ⌚ 60m 180k

enjoy your complete manicure, including a massage of forearm and hands. includes nail polish

PEDICURE ⌚ 60m 220k

soaking away tired feet before enjoying cuticle treatment followed by gentle foot massage. includes nail polish

NATURAL FACIAL ⌚ 60m 260k

this revitalising, stress-relieving treatment brightens the skin by activating skin metabolism and drainage. the ritual combines aromatherapy natural cleanser, brown sugar scrub and a clay mask. afterwards organic jojo oil and vitamin e is gently massaged into face shoulder and neck followed by smooth jade, renowned for the skin relaxation

SUN TREATMENT ⌚ 90m 340k

ideal for cooling, soothing and rejuvenating sun damaged skin. after a herbal foot bath you receive a 40 min body massage, followed by an aloe vera wrap

BEAUTY PACKAGE AROMA / NATURAL ⌚ 150m 460k

after a herbal foot bath you receive an hour relaxing massage followed by a body scrub and body mask with natural fresh ingredients or an aroma therapy. an aromatic flower bath with salt crystals completes the experience

HOT STONE ⌚ 60m / 90m 240k / 300k

a natural therapy where warmed stones are positioned on parts of the body that maximise therapeutic benefit. the heat warms up tight muscles so the therapist can work more deeply. it expands blood vessels and encourages blood flow. relieve chronic pain, release toxins and promote deep relaxation

JAPANESE FACE MASSAGE + FACE MASK ⌚ 60m 220k

calming face massage following the kobido method, known as a super rejuvenating technique and an organic clay mask

SHORT TREATMENTS

BACK MASSAGE ⌚ 30m 120k

a 30 min massage with the focus on your neck and back with medium pressure to relieve muscle tension

LEG MASSAGE ⌚ 30m 120k

medium pressure massage with the focus on your legs. a combination is used between traditional massage and acupressure techniques

FULL BODY MOISTERIZER ⌚ 30m 165k

medium pressure massage with the focus on your legs. a combination is used between traditional massage and acupressure techniques

EXPRESS NATURAL FACIAL ⌚ 30m 165k

this revitalizing, stress-relieving treatment brightens the skin by activating skin metabolism and drainage. the ritual combines aromatherapy natural cleanser, brown sugar scrub and a clay mask. afterwards organic jojo oil and vitamin e is gently massaged into face shoulder and neck followed by smooth jade, renowned for the skin relaxation

FACE STEAM + MASSAGE ⌚ 30m 120k

cleanse your skin with a herbal face steam with flowers and herbs from our garden mixed with essential oils and finish with a face massage

FULL BODY SCRUB ⌚ 30m 180k

exfoliate your skin with our home crafted coffee and brown sugar scrub that will deep clean and energise you

FULL BODY WRAP ⌚ 30m 180k

treat yourself with a full body kaolin clay mask and a jojoba and vitamin e face application

SOUND HEALING RELAXATION ⌚ 30m 145k

complete one of our treatments with a deeply relaxing singing bowl sound healing

STANDARD HAIR WASH ⌚ 20m 125k-150k

shampoo and conditioner and scalp massage (option keratin or collagen or silver), cbd

STANDARD HAIR WASH + HAIR MASK ⌚ 40m 225k-260k

shampoo and conditioner with a scalp massage + hair mask while enjoying a hand massage (option keratin or collagen or silver), cbd

PREMIUM HAIR WASH ⌚ 20m 200k-230k

shampoo and conditioner and scalp massage (option for colored hair / hair repair), l'oreal professional or davines

PREMIUM HAIR WASH + HAIR MASK ⌚ 40m 350k-400k

shampoo and conditioner with a scalp massage + hair mask while enjoying a hand massage. (option for colored hair / hair repair), l'oreal professional or davines

HAIR OIL TREATMENT ⌚ 40m 180k-220k

deep clean your scalp and nurture your hair by gently applying jojoba oil directly to the scalp followed by a coconut oil treatment

*prices for hair treatments vary based on hair length due to the need for more or less product.

SAUNA & COLD PLUNGE

Open 8am - 8pm. Includes complimentary tea and coffee in the garden.

SINGLE ENTRY PASS	200k
3X SINGLE ENTRY PASS	500k
1 WEEK UNLIMITED	800k

GROUP CLASSES

1 YOGA CLASS	100k
3 YOGA CLASSES	250k
YOGA WEEK / MONTH	400k / 900k
YOGA SUMBERKIMA STAGE	200k
MUAY THAI GROUP CLASS	225k
CIRCUIT TRAINING GROUP CLASS	100k