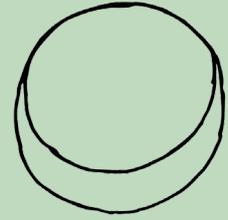


## SPA MENU

Pamper yourself with natural treatments, healing therapies and rejuvenate in the blissful back-country of Sumberkima Hill. This is self-love at its finest.



### **RELAXING MASSAGE** - 60 mins - 180K

this is a soft pressure Balinese massage that is bound to stimulate blood circulation, ease tension and release stress trapped in your body

### **BALINESE MASSAGE** - 60 mins - 180K

this medium pressure massage has been passed on for generations. It will reduce tension, fatigue and improve the lymphatic and muscular system

### **RE-ENERGIZING MASSAGE** - 60 mins - 200K

this massage applies heavier pressure to untangle deep rooted muscular tension and mental fatigue and awakens a sense of emotional wellbeing

### **HEALING MASSAGE** - 60 mins - 220K

using the power of her healing hands, Sri will detect your ailments and use acupuncture and Balinese techniques to treat your pain

### **HOT STONE MASSAGE** - 60 // 90 mins - 200K // 250K

a massage that uses warm stones to heat tight muscles so that the therapist can work deeply to relieve chronic pain and increase blood flow

### **FOOT REFLEXOLOGY** - 60 mins - 200K

a relaxing and cleansing herbal foot-bath, followed by a reflexology treatment that will bring relief to your organs and internal systems

### **SUN TREATMENT** - 90 mins - 270K

a herbal foot-bath, a 40 min body massage and a body wrap using natural ingredients to cool and rejuvenate sun-damaged skin

### **BEAUTY PACKAGE natural // aroma** - 150 mins - 350K

a herbal foot-bath, a 60 min relaxing massage, body scrub and body mask using natural ingredients and aromatherapy that ends with an aromatic flower bath with salt crystals

**JAPANESE FACE MASSAGE & FACE MASK** - 60 mins - 180K

a calming face massage that uses the Kobido method to rejuvenate your skin and ease tension in your facial muscles

**NATURAL FACIAL** - 60 mins - 200K

a facial massage that uses natural ingredients to clean and moisturise the skin and active metabolism, drain the pores and provide relaxation

**MANICURE** - 60 mins - 150K

a complete manicure with a nail colour of your choice, accompanied by a forearm and hand massage

**PEDICURE** - 90 mins - 220K

a pedicure with a nail colour of your choice, accompanied by a cuticle treatment and gentle foot massage.

SHORT TREATMENTS

**BACK MASSAGE** - 30 mins - 90K

a 30 min medium pressure massage that focuses on your neck and back to relieve muscular tension

**LEG MASSAGE** - 30 mins - 90K

a 30 min medium pressure massage that focuses on your legs and combines traditional as well as acupuncture techniques

**FULL BODY MOISTURISER** - 30 mins - 120K

a therapy that uses our homemade cacao body butter to gently massage your body and revitalise the skin

**HAIR OIL TREATMENT** - 30 mins - 120K

a treatment that deep cleans your scalp and nurtures your hair by gently applying jojoba oil and coconut oil

**EXPRESS NATURAL FACIAL** - 30 mins - 120K

a treatment that uses a rose water and brown sugar cleanser, followed by a face mask and jojoba oil to revitalise your skin

**FACE STEAM & MASSAGE** - 30 mins - 100K

a herbal face steam to cleanse your skin that uses flowers and herbs from our garden, mixed with essential oil and followed by a face massage

**FULL BODY SCRUB** - 30 mins - 120K

a full body scrub to exfoliate your skin with our coffee and brown sugar scrub or floral salt scrub to energise you with a healthy glow

**FULL BODY WRAP** - 30 mins - 120K

a full body kaolin clay mask and a jojoba and vitamin E face application to soothe and heal your skin

**SOUND HEALING RELAXATION** - 30 mins - 100K

end any of our treatments with a deeply relaxing singing bowl sound healing to align your chakras and send you into a resting state