

Spa Menu

Pamper yourself with natural treatments, healing therapies and rejuvenate in the blissful back-country of Sumberkima Hill. This is self-love at its finest.

LONG TREATMENTS

RELAXING MASSAGE 60m / 90m 230k / 340k

soft pressure balinese massage techniques come together to stimulate circulation, ease tensions & release stress

BALINESE MASSAGE 60m / 90m 230k / 340k

medium pressure traditional massage from bali passed down for generations. reduce tension, fatigues, improve lymphatic and muscular system

RE-ENERGIZING MASSAGE 60m / 90m 240k / 350k

strong pressure massage to relieve deep rooted muscle tension and mental fatigue. awaken overall sense of emotional and physical wellbeing

HEALING MASSAGE 60m / 90m 290k / 430k

Sri and Serti are local healers that can sense what is happening in your body and treat you using balinese massage with acupresure techniques and strong pressure

FOOT REFLEXOLOGY 60m 240k

a relaxing and cleansing herbal feet bath followed by a reflexology where special pressure techniques are applied that correspond with different body organs and systems

MANICURE 60m 180k

enjoy your complete manicure, including a massage of forearm and hands. includes nail polish

PEDICURE 60m 220k

soaking away tired feet before enjoying cuticle treatment followed by gentle foot massage. includes nail polish

NATURAL FACIAL 60m 260k

this revitalising, stress-relieving treatment brightens the skin by activating skin metabolism and drainage. The ritual combines aromatherapy natural cleanser, brown sugar scrub and a clay mask. afterwards Organic jojo oil and vitamin e is gently massaged into face shoulder and neck Followed by smooth Jade, renowned for the skin relaxation

SUN TREATMENT 90m **340k**

ideal for cooling, soothing and rejuvenating sun damaged skin. after a herbal foot bath you receive a 40 min body massage, followed by an aloe vera wrap

BEAUTY PACKAGE AROMA / NATURAL 150m **460k**

after a herbal foot bath you receive an hour relaxing massage followed by a body scrub and body mask with natural fresh ingredients or an aroma therapy. an aromatic flower bath with salt crystals completes the experience

HOT STONE 60m / 90m **240k / 300k**

a natural therapy where warmed stones are positioned on parts of the body that maximise therapeutic benefit. the heat warms up tight muscles so the therapist can work more deeply. it expands blood vessels and encourages blood flow. relieve chronic pain, release toxins and promote deep relaxation

JAPANESE FACE MASSAGE + FACE MASK 60m **220k**

calming face massage following the kobido method, known as a super rejuvenating technique and an organic clay mask

SHORT TREATMENTS

BACK MASSAGE 30m 120k

a 30 min massage with the focus on your neck and back with medium pressure to relieve muscle tension

LEG MASSAGE 30m 120k

medium pressure massage with the focus on your legs. a combination is used between traditional massage and acupressure techniques

FULL BODY MOISTERIZER 30m 165k

medium pressure massage with the focus on your legs. a combination is used between traditional massage and acupressure techniques

EXPRESS NATURAL FACIAL 30m 165k

this revitalizing, stress-relieving treatment brightens the skin by activating skin metabolism and drainage. the ritual combines aromatherapy natural cleanser, brown sugar scrub and a clay mask. afterwards organic jojo oil and vitamin e is gently massaged into face shoulder and neck followed by smooth jade, renowned for the skin relaxation

FACE STEAM + MASSAGE 30m 120k

cleanse your skin with a herbal face steam with flowers and herbs from our garden mixed with essential oils and finish with a face massage

FULL BODY SCRUB 30m 180k

exfoliate your skin with our home crafted coffee and brown sugar scrub that will deep clean and energise you

FULL BODY WRAP 30m 180k

treat yourself with a full body kaolin clay mask and a jojoba and vitamin e face application

SOUND HEALING RELAXATION 30m 145k

complete one of our treatments with a deeply relaxing singing bowl sound healing

HAIR WASH 20m 80k

deep cleaning off the scalp and hair

HAIR OIL TREATMENT 30m 165k

deep clean your scalp and nurture your hair by gently applying jojoba oil directly to the scalp followed by a coconut oil treatment

HAIR CREAM BATH 30m 120k

hair care routine where cream is applied to the scalp and hair with a head massage

NATURAL HAIR REPAIR 30m 120k

natural hair repair, we use different products according to hair needs

GEL REMOVING 30m 100k

remove nail gel

SAUNA / COLD PLUNGE

open 7am - 11am & 4pm - 8pm

between 11am - 4pm available for private group rental

SINGLE ENTRY PASS 200k

3X SINGLE ENTRY PASS 500k

1 WEEK UNLIMITED 800k

GROUP CLASSES

1 YOGA CLASS 100k

3 YOGA CLASSES 250k

YOGA WEEK / MONTH 400k / 900k

YOGA NATIONAL PARK CLASS 200k

MUAY THAI GROUP CLASS 225k

CIRCUIT TRAINING GROUP CLASS 100k